

Shamanic Chinese Medicine (Medical Qigong) Practitioner Training

Information & Registration

Medical Qigong Training is an energetic skill development and personal healing for both health care professionals and lay persons, optionally leading to certification as a Medical Qigong Practitioner, Therapist and Master. Certification is given by Empty Mountain Institute.

Medical Qigong is an ancient form of Chinese Energetic Medicine, dating back at least 5,000 years. It is one of the four branches of Traditional Chinese Medicine. Therapists learn to master the secret knowledge passed down from Wu Yi, a Qigong shamanic healer of ancient times. Please read more at johnweiss.ca and www.emptymountain.com

Gifted Qigong Master Teacher, **Wendy Lang**, MMQ and Qigong Instructor, **John F. Weiss**, MMQ will be offering practitioner training online via Zoom. It is a profound training for self-transformation and becoming a well-balanced practitioner.

Schedule: The Medical Qi Gong Practitioner program is presented in a series of four seminars comprised of 10 half-day workshop intensives of 2x5 days each online via Zoom. The year is closed out with a 3 day online clinic for the general public also on Zoom.

Shamanic Chinese Medicine Practitioner Training course for 2025-2026 (all via Zoom)

SCMP1- Part A: Wednesday, September 24th– Sunday, September 28th, 2025 from 9am-1pm Pacific

SCMP1- Part B: Wednesday, November 5th – Sunday, November 9th, 2025 from 9am-1pm Pacific

SCMP2- Part A: Wednesday, December 3rd – Sunday, December 7th, 2025 from 9am-1pm Pacific

SCMP2- Part B: Wednesday, January 28th– Sunday, February 1st, 2026 from 9am-1pm Pacific

SCMP3- Part A: Wednesday, February 25th– Sunday, March 1st, 2026 from 9am-1pm Pacific

SCMP3- Part B: Wednesday, March 18th– Sunday, March 22nd, 2026 from 9am-1pm Pacific

SCMP4- Part A: Wednesday, April 15th– Sunday, April 19th, 2026 from 9am-1pm Pacific

SCMP4- Part B: Wednesday, May 13th– Sunday, May 17th, 2026 from 9am-1pm Pacific

Clinic: Friday, June 19th - Sunday, June 21st, 2026 from 9am-4:30pm Pacific

Tuition Fees: The whole course of four 10-day seminars and a 3-day online clinic is \$4,975 **when you register before 7/31/25**. Each seminar is \$925+\$200 surcharge for a total \$4,500 plus \$475 for the clinic. Afterwards, normal tuition rates apply of \$995/seminar+\$200 surcharge plus \$450 for the clinic for a total of \$5,230. All prices are in Canadian dollars.

**Each seminar is \$1,095.00+\$200 surcharge when attended individually and without commitment to the year-long program (i.e. - no deposit paid). Students who commit to the full year-long training and clinic get a maximum savings of \$400.

Registration: Please contact John F. Weiss for a registration form at johnfweiss@me.com. Payment plans are available, if needed.

Canadian students - Include cheque for \$367.50 (Registration deposit +GST) made out to John F. Weiss. You can also pay by email transfer at johnfweiss@me.com or by PayPal (with a credit card) for and mail to: John Weiss 301-1025 Gilford St., Vancouver, BC Canada V6G 2P2.

Call John for more info at 604-731-5533 (cell)

Textbooks: "The Secret Teachings of Chinese Energetic Medicine", Volumes 1 through 5, by Professor Jerry A. Johnson, founder of the International Institute of Medical Qigong. The set can be purchased at Banyen Books in Vancouver or directly from Wendy Lang for \$480.00 USD Includes shipping and handling to lower 48 states and southern Canada. To place your order: <http://www.emptymountain.com/five-volume-series.php> or email wendy@emptymountain.com

NOTE: *The textbooks aren't required for the first seminar, however, they are a great resource to assist with your learning post seminars and with each seminar's exam and are required for seminars 2-4.*

Reading List: You are not required to read the material on reading list before the class. It is highly recommended to do so after each seminar so that you have a better understanding of the material that was presented. Some people read it while preparing for their take home "exams" after the course. The syllabus shows how the reading refers to all the books. They are a great reference to have for energy work.

Self-Study: The biggest commitment would be to a minimum of one hour per day for exercise and meditation practice. The reading and tests are on top of that, but the homework/exam shouldn't take more than 4 hours, and the reading should be maybe 7-10 hours. There are usually at least 4-6 weeks between classes, so approx. 2 hours study per week. You will be given a chart for you to keep track of this, but you don't have turn it in. It is to help you see how much time you're spending on practice and to encourage you to manage your time in a way that will be most beneficial for you.

Exams: There are 3 take home exams, which assist you in reading the books and contemplating your experience of energy work. The Final exam is completed during in class hours. It is not stressful or complex and supports your understanding of the essentials. *All exams must be completed to get certified by Empty Mountain.*

Certificates – Upon successful completion all seminars, exams and the year-end clinic, you will receive a certificate from Empty Mountain Institute. You are then welcome to continue your studies in the Therapist level.

Practicum: In order to complete the program with International Association of Qigong and Shamanic Chinese Medicine (IIQSCM), you must complete 48 hours of practicum. *The practicum does not need to be completed before you take the Therapist program and can be done at your own pace.*

The Practicum can include:

No more than 12 hours of classes/workshops demonstrating the Medical Qigong workout

No more than 12 hours on sessions with animals

No more than 16 hours of in-person sessions

No more than 30 hours of long distance sessions

Also, we need to have at least 6 write ups of which one should be a case study of multiple sessions.

All Levels Clinic is for all levels of students to work together on outside clients in the morning and exchanges later in the afternoon after group discussions. This is also a requirement for IIQSCM certification.

All Levels Clinic dates for 2026: June 19th-21st, 2026 - Each client will enjoy a free 90 minute session. Register at <http://www.emptymountain.com/welcome-clinic-registration.php>

Massage Tables: You may want to purchase a massage table if you think you are going to advance beyond this year's course. *You will not need a massage table for the first seminar however.*